

# The Tavern

AT THE ESSEX RESORT & SPA

EXECUTIVE CHEF  
ADAM NOË

EXECUTIVE SOUS CHEF  
DANIEL HOYT

## SHARED \$

**CRISPY BRUSSEL SPROUTS (V·GF)** 8  
FRIED BRUSSEL SPROUTS TOSSED IN OUR CHILI CARAMEL SAUCE

**TAVERN NACHOS (VEG·GF)** 13  
ARTISINAL CHEESE BLEND, PICKLED PEPPERS, SMASHED BLACK BEANS, HOUSE SALSA, CABOT SOUR CREAM

**TRUFFLE FRIES (VEG·GF)** 7  
ASCUTNEY MOUNTAIN CHEESE, TRUFFLE OIL, HERBS

**ONION RINGS (VEG)** 7  
ONION RINGS FINISHED WITH HOP SALT, IPA REDUCTION AND HERBS

**CLASSIC OR SMOKED WINGS** 15  
RICHARD'S BBQ, BUFFALO, VT MAPLE BOURBON, THAI CHILI CARAMEL OR DRY RUB

**PORK RIB CHOPS (GF)** 15  
MAPLE SMOKED, RICHARD'S BBQ

## SMALL PLATES \$

**CORN CHOWDER (VEG·GF)** 9  
ROASTED CORN, LOCAL CREAM

**WINTER SQUASH BISQUE (VEG·GF)** 9  
CORIANDER CREMA, CHILI OIL

**TAVERN SALAD (VEG·GF)** 13  
PITCHFORK FARM'S GREENS, CABOT CLOTHBOUND CHEDDAR, CHEF'S VEGETABLES, MAPLE BALSAMIC

**CAESAR SALAD** 13  
ROMAINE, POPPY SEED GRISSINI, ASCUTNEY MOUNTAIN CHEESE

**BEET SALAD (VEG)** 13  
PITCHFORK FARM'S GREENS, FARRO, VERMONT CREAMERY CHEVRE, ROASTED BEETS, CANDIED WALNUTS

## SANDWICHES \$

**TAVERN BURGER** 17  
KLINGER'S CHALLAH BUN, TAVERN SAUCE, BLACK RIVER CO-OP BEEF, CABOT CHEDDAR & LTO

**BOURBON BURGER** 19  
KLINGER'S CHALLAH BUN, MAD RIVER BOURBON ONIONS, BLACK RIVER CO-OP BEEF, NORTH COUNTRY BACON, CABOT CHEDDAR CHEESE & LT

**BLACK BEAN BURGER (VEG)** 17  
KLINGER'S CHALLAH BUN, BLACK BEAN BURGER, TAVERN SAUCE, PICKLED ONION, ARUGULA, & TOMATO

**FALAFEL (V·GF)** 15  
GRILLED PITA, HOUSE MADE FALAFEL, PIQUILLO PEPPER HUMMUS

**TAVERN CLUB** 15  
KLINGER'S SOURDOUGH BREAD, NORTH COUNTRY SMOKED HAM, TURKEY, AND BACON, SWITCHBACK MUSTARD AIOLI, CABOT CHEDDAR & LTO

**LOBSTER ROLL** 21  
POACHED MAINE LOBSTER, PRESERVED LEMON AIOLI, BOSTON BIBB LETTUCE, TOASTED NEW ENGLAND STYLE ROLL

## LARGE PLATES \$

**FAROE ISLAND SALMON (GF)** 25  
GREEN PEA AND TARRAGON PUREE, CRISPY MARBLE POTATOES, CHEF'S BLEND MUSHROOMS

**CHICKEN STATLER (GF)** 25  
SOUS VIDE CHICKEN, SEARED AND SERVED OVER SAFFRON RICE & CHEF'S VEGETABLE

**TRUFFLE "MAC & CHEESE"** 18  
CAVATAPPI, CHEF'S BLEND MUSHROOMS, BLEND OF LOCAL ARTISINAL CHEESES

**STEAK FRITES (GF)** 28  
BLACK RIVER CO-OP FLANK STEAK, TRUFFLE FRIES, BLACK GARLIC, RAINBOW CARROTS

**FARRO "RISOTTO" (V)** 23  
TOASTED FARRO, CHEF'S VEGETABLES, CURRIED CHICKPEAS, PRESERVED LEMON

**BOLOGNESE** 23  
CAVATAPPI, BEEF AND PORK BOLOGNESE, ASCUTNEY MOUNTAIN CHEESE

## DESSERTS \$

**BLUEBERRY CHOCOLATE CAKE (GF)** 9  
FLOURLESS CHOCOLATE CAKE, MUDDLED BLUEBERRIES, WHIPPED CREAM

**TRIPLE CITRUS CRÈME BRÛLÉE (GF)** 9  
CITRUS INFUSED CUSTARD, TORCHED SUGAR ON TOP, LAVENDER SHORTBREAD COOKIE

**SEASONAL FRUIT HAND PIE** 8  
HOUSE-MADE PIE DOUGH, SEASONAL FRUIT, VANILLA ICE CREAM

**ICE CREAM & SORBET** 8  
ASK FOR OUR SELECTION

### ADD-ONS / SUBSTITUTES \$

**SIDE TAVERN SALAD** 3  
**SWEET POTATO FRIES** 3  
**TATER TOTS** 3  
**ONION RINGS** 3  
**BACON** 2  
**BLUE CHEESE** 7  
**STEAK** 11  
**SHRIMP** 9  
**CHICKEN THIGH** 6

### KIDS MENU \$


**CHICKEN TENDERS** 8  
**MAC & CHEESE** 8  
**KIDS CHEESE BURGER** 9

AVAILABLE FOR CHILDREN 12 AND UNDER. SERVED WITH FRESH FRUIT, AND CHOICE OF MILK, OR JUICE.


\*CONSUMING RAW OR UNDER COOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS. PLEASE INFORM YOUR SERVER OF ALLERGIES/DIETARY NEEDS. A 20% GRATUITY MAY BE ADDED TO PARTIES OF SIX (6) OR MORE

## CHEESE

### **CABOT CLOTHBOUND CHEDDAR**

JASPER HILL - GREENSBORO, VT. PASTEURIZED   
APPROACHABLE BUT COMPLEX NATURAL-RIND,  
CLOTHBOUND CHEDDAR WITH A CRUMBLY TEXTURE AND  
NUTTY AROMA. THE FLAVOR IS DEEPLY SAVORY AND  
SLIGHTLY TANGY WITH A CARAMEL SWEETNESS  
TO THE FINISH. AGED 9- 14 MONTHS.

### **BARN FIRST GIGUERE**

BARN FIRST - WESTFIELD, VT. RAW   
ALPINE-STYLE TOMME WITH A NATURAL, BRUSHED RIND  
THAT HAS BEEN AGED 3 - 6 MONTHS. THE TEXTURE IS FIRM  
AND THE FLAVOR IS SLIGHTLY SHARP AND NUTTY.

### **MIDDLEBURY BLUE**

BLUE LEDGE FARM - SALISBURY, VT. RAW   
CREAMY AND CRUMBLY BLUE. AGED SIXTY DAYS.

### **CHEF'S CHOICE**

ASK ABOUT OUR ROTATING CHEF'S CHOICE.

## CHARCUTERIE

### **SUMMER SAUSAGE**

SMOKE AND CURE - HINESBURG, VT.  
TONES OF MUSTARD SEED, GARLIC AND CARDAMOM.

### **JUNIPER SALAMI**

VERMONT SALAMI - BARRE, VT.  
BRIGHT AND CLEAN.

### **PROSCIUTTO COTTO**

VERMONT SALAMI - BARRE, VT.  
BRINED WITH MAPLE SYRUP, TUMBLED WITH HERBS AND  
FINISHED IN THE SMOKEHOUSE.

### **CHEF'S CHOICE**

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**\$7 PER SELECTION  
SERVED WITH CHEF ACCOMPANIMENTS**

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## **SIGNATURE COCKTAILS**

ESSEX RUM SPECIAL	\$ 12
FLIRTINI	15
MULE	12
PUMPKIN WHITE RUSSIAN	12
CIDERITA	12
BEES KNEES	13
POMEGRANATE PEAR MARTINI	14
GINGER LEMON MARTINI	15
PEANUT BUTTER OLD FASHIONED	13
MAPLE MANHATTEN	14

## **BEER**

<b>16 OZ CAN</b>	<b>\$ 8</b>
SIP OF SUNSHINE	
HEADY TOPPER	
FOCAL BANGER	
14TH STAR - FOLLOW ME	
CITIZEN CIDER - DIRTY MAYOR	
FOLEY BROTHERS - PROSPECT	
ZERO GRAVITY - FRANKIE	
LAWSON'S - LITTLE SIP	
<b>12 OZ CAN</b>	
LONG TRAIL GREEN BLAZE	6
SAM BOSTON LAGER	
ZERO GRAVITY	
CONEHEAD OR GREEN STATE	
VON TRAPP HELLES	

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## **WINE**

	\$ GL	BTL
HOOK & LADDER CHARDONNAY	12	42
METZ ROAD CHARDONNAY	15	52
HERMANN J. WEIMER FIELD	12	42
PRENDO PINOT GRIGIO	10	36
CROSSINGS SAUVIGNON BLANC	11	39
WHITE HAVEN SAUVIGNON BLANC	14	49
JOSH CHARDONNAY	9	32
CHARLES AND CHARLES ROSE	10	35
WHISPERING ANGEL ROSE	10	35
KENWOOD CABERNET SAUVIGNON	14	49
CATENA "VISTA FLORES" MALBEC	13	46
CAMPO VIEJO RIOJA RESERVA	13	46
NEILSON PINOT NOIR	15	52
JOSH CABERNET SAUVIGNON	10	35
AVIARY CABERNET SAUVIGNON	14	49
ANGELO NEGRO LANGHE NEBBIOLO	14	49
SKYFALL VINEYARD MERLOT	12	45
RIONDO PROSECCO	10	*
SCRIBE ROSE 375ML CAN	13	*
CAPARZO SANGIOVESE	10	36

## **BOTTLED**

MICHELOB ULTRA	
CORONA	
BUD LIGHT	5
STELLA	
HEINEKEN	
COORS LIGHT	
CLAUSTHALER	
OMISSION (GF)	
LABATT BLUE	
MILLER LITE	
BUDWEISER	

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