

The Tavern

AT THE ESSEX RESORT & SPA

SOUS CHEF
ZACHARY HOLTSCLAW

EXECUTIVE CHEF
ADAM NOË

SOUS CHEF
ROBERT WHITE III

SHARED

CRISPY BRUSSELS SPROUTS (V·GF) 9

FRIED BRUSSELS SPROUTS. THAI CHILI SAUCE

BEEF BARBACOA NACHOS 15

CHEDDAR CHEESE CURDS, PICO, AVOCADO LIME SOUR CREAM, PICKLED PEPPERS, MARINATED SHREDDED BEEF

TRUFFLE FRIES (VEG) 7

ASCUTNEY MOUNTAIN CHEESE, TRUFFLE OIL, HERBS

ONION RINGS (VEG) 7

ONION RINGS, HOP SALT, IPA REDUCTION AND HERBS

REUBEN EGGROLL 11

CORNED BEEF, SAUERKRAUT, EMMENTAL CHEESE, TAVERN SAUCE

TAVERN WINGS 17

RICHARD'S BBQ, BUFFALO, VT MAPLE BOURBON, THAI CHILI, KOREAN BBQ, OR DRY RUB

AVOCADO TOAST 15

TOASTED HOUSE BREAD, CITRUS AVOCADO, HEIRLOOM TOMATOES, SHAVED VERANO SHEEP'S CHEESE

SMALL PLATES

CHEF'S SOUP 7

ASK ABOUT OUR CREATION

COCONUT CURRY SOUP (V·GF) 7

CRISPY CHICKPEA, CHILI OIL

TAVERN SALAD (VEG·GF) 11

MIXED GREENS, CABOT CLOTHBOUND CHEDDAR, CHEF'S VEGETABLES, MAPLE BALSAMIC

CAESAR SALAD 13

ROMAINE, HOUSE CAESAR, HOUSE BREAD CRISPS

SPRING SALAD (VEG) 13

BABY ARUGULA, SUNFLOWER SEED, VERMONT CREAMERY HERBED CHEVRE, SHAVED ASPARAGUS, ROSÉ VINAIGRETTE

CHEESE & CHARCUTERIE

CABOT CLOTHBOUND CHEDDAR

JASPER HILL - GREENSBORO, VT

MIDDLEBURY BLUE

BLUE LEDGE FARM - SALISBURY, VT. RAW CREAMY AND CRUMBLY BLUE, AGED SIXTY DAYS.

CHEF'S CHOICE CHEESE

ASK ABOUT OUR ROTATING SELECTION

JUNIPER SALAMI

VERMONT SALAMI - BARRE, VT

PROSCIUTTO

JANSAL VALLEY - NEW BEDFORD, MA

CHEF'S CHOICE CHARCUTERIE

ASK ABOUT OUR ROTATING SELECTION

\$7 PER SELECTION

SERVED WITH CHEF ACCOMPANIMENTS

SANDWICHES

TAVERN BURGER 17

KLINGER'S CHALLAH BUN, TAVERN SAUCE, BLACK RIVER CO-OP BEEF, CABOT CHEDDAR & LTO

BOURBON BURGER 19

KLINGER'S CHALLAH BUN, ONION RING, MAPLE BOURBON, BLACK RIVER CO-OP BEEF, NORTH COUNTRY BACON, CABOT CHEDDAR & LT

CHICKPEA BURGER (VEG) 17

KLINGER'S CHALLAH BUN, CHICKPEA BURGER, AVOCADO LIME CREMA, PICKLED ONION, BOSTON BIBB, & TOMATO

FALAFEL (V) 15

GRILLED PITA, HOUSE MADE FALAFEL, PIQUILLO PEPPER HUMMUS, BABY KALE, ZA'ATAR HEIRLOOM TOMATOES

KOREAN CHICKEN SANDWICH 15

KLINGER'S CHALLAH BUN, GRILLED CHICKEN THIGH, SPICY CABBAGE, KOREAN BBQ

SALMON BURGER 19

KLINGER'S CHALLAH BUN, FAROE ISLAND SALMON, SOY GLAZE, RED CABBAGE SLAW, SRIRACHA AIOLI

SANDWICHES SERVED WITH FRIES OR SALAD

LARGE PLATES

FISH AND CHIPS 26

SWITCHBACK BEER BATTERED COD, OLD BAY FRIES, HOUSE TARTAR SAUCE,

SEARED SALMON 26

CREAMY BALSAMIC FARRO, SPRING VEGETABLES, CRISPY PROSCIUTTO

CHEF'S "MAC & CHEESE" 21

ASK ABOUT OUR CREATION

STEAK FRITES (GF) 32

BEEF TENDERLOIN FILET, TRUFFLE FRIES, BLACK GARLIC BUTTER, CHEF'S VEGETABLE

FARRO "RISOTTO" (V) 23

TOASTED FARRO, CHEF'S VEGETABLES, PISTACHIO, CURRIED CHICKPEAS, PRESERVED LEMON

PERI PERI CHICKEN 26

POLENTA FRIES, ROASTED VEGETABLES, PERI PERI SAUCE

ADD-ONS / SUBSTITUTES

SIDE TAVERN SALAD	\$ 5
SWEET POTATO FRIES	5
ONION RINGS	5
BACON	2
BLUE CHEESE	7
STEAK	15
SALMON	11
CHICKEN THIGH	7

KIDS MENU

CHICKEN TENDERS	\$ 8
MAC & CHEESE	8
KIDS CHEESE BURGER	9
KIDS CHEESE PIZZA	8

AVAILABLE FOR CHILDREN 12 AND UNDER.
SERVED WITH FRESH FRUIT, AND CHOICE OF MILK, OR JUICE.

*CONSUMING RAW OR UNDER COOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

PLEASE INFORM YOUR SERVER OF ALLERGIES/DIETARY NEEDS.
A 20% GRATUITY MAY BE ADDED TO PARTIES OF SIX (6) OR MORE

The Tavern

AT THE ESSEX RESORT & SPA

SIGNATURE COCKTAILS

ESSEX RUM SPECIAL	\$ 12
FLIRTINI	15
MULE	12
CIDERITA	12
BEES KNEES	13
POMEGRANATE PEAR MARTINI	14
GINGER LEMON MARTINI	15
PEANUT BUTTER OLD FASHIONED	13
MAPLE MANHATTAN	14

BEER

16 OZ CAN	\$ 8
SIP OF SUNSHINE	
HEADY TOPPER	
FOCAL BANGER	
14TH STAR - FOLLOW ME	
CITIZEN CIDER - DIRTY MAYOR	
FOLEY BROTHERS - PROSPECT	
CITIZEN CIDER - UNIFIED PRESS	
14TH STAR - VALOR	
LAWSON'S - LITTLE SIP	
ZERO GRAVITY - ADVENTURE PANTS	

WINE

	\$ GL	BTL
HOOK & LADDER CHARDONNAY	12	42
METZ ROAD CHARDONNAY	15	52
HERMANN J. WEIMER FIELD	12	42
PRENDO PINOT GRIGIO	10	36
CROSSINGS SAUVIGNON BLANC	11	39
WHITE HAVEN SAUVIGNON BLANC	14	49
JOSH CHARDONNAY	9	32
CHARLES AND CHARLES ROSE	10	35
WHISPERING ANGEL ROSE	10	35
KENWOOD CABERNET SAUVIGNON	14	49
CATENA "VISTA FLORES" MALBEC	13	46
CAMPO VIEJO RIOJA RESERVA	13	46
NEILSON PINOT NOIR	15	52
PIEROPAN SOAVE CLASSICO	11	39
ALLEGRI VALPOLICELLA CLASSICO	12	39
JOSH CABERNET SAUVIGNON	10	35
AVIARY CABERNET SAUVIGNON	14	49
ANGELO NEGRO LANGHE NEBBIOLO	14	49
SKYFALL VINEYARD MERLOT	12	45
RIONDO PROSECCO	10	*
CAPARZO SANGIOVESE	10	36

12 OZ CAN

LONG TRAIL - GREEN BLAZE	6
SAM ADAMS - BOSTON LAGER	
ZERO GRAVITY -	
CONEHEAD OR GREEN STATE	
VON TRAPP - HELLES	
CITIZEN CIDER - UNIFIED PRESS	

BOTTLED

MICHELOB ULTRA	5
CORONA	
BUD LIGHT	
STELLA	
HEINEKEN	
COORS LIGHT	
CLAUSTHALER	
OMISSION (GF)	
LABATT BLUE	
MILLER LITE	
BUDWEISER	
HARPOON (FLANNEL FRIDAY)	