

# The Tavern

AT THE ESSEX RESORT & SPA

SOUS CHEF  
ZACHARY HOLTSCLOW

EXECUTIVE CHEF  
ADAM NOË

SOUS CHEF  
ROBERT WHITE III

## SHARED

**CRISPY BRUSSELS SPROUTS (V·GF)** 9

FRIED BRUSSELS SPROUTS. THAI CHILI SAUCE

**BEEF BARBACOA NACHOS** 15

CHEDDAR CHEESE CURDS, PICO, AVOCADO LIME SOUR CREAM, PICKLED PEPPERS, MARINATED SHREDDED BEEF

**TRUFFLE FRIES (VEG)** 7

ASCUTNEY MOUNTAIN CHEESE, TRUFFLE OIL, HERBS

**ONION RINGS (VEG)** 7

ONION RINGS, HOP SALT, IPA REDUCTION AND HERBS

**REUBEN EGGROLL** 11

CORNED BEEF, SAUERKRAUT, EMMENTAL CHEESE, TAVERN SAUCE

**TAVERN WINGS** 17

RICHARD'S BBQ, BUFFALO, VT MAPLE BOURBON, THAI CHILI, KOREAN BBQ, OR DRY RUB

**AVOCADO TOAST** 15

TOASTED HOUSE BREAD, CITRUS AVOCADO, HEIRLOOM TOMATOES, SHAVED VERANO SHEEP'S CHEESE

## SMALL PLATES

**CHEF'S SOUP** 7

ASK ABOUT OUR CREATION

**COCONUT CURRY SOUP (V·GF)** 7

CRISPY CHICKPEA, CHILI OIL

**TAVERN SALAD (VEG·GF)** 11

MIXED GREENS, CABOT CLOTHBOUND CHEDDAR, CHEF'S VEGETABLES, MAPLE BALSAMIC

**CAESAR SALAD** 13

ROMAINE, HOUSE CAESAR, HOUSE BREAD CRISPS

**SPRING SALAD (VEG)** 13

BABY ARUGULA, SUNFLOWER SEED, VERMONT CREAMERY HERBED CHEVRE, SHAVED ASPARAGUS, ROSÉ VINAIGRETTE

## CHEESE & CHARCUTERIE

**CABOT CLOTHBOUND CHEDDAR**

JASPER HILL - GREENSBORO, VT

**BOUCHER BLUE**

BOUCHER FAMILY FARM - HIGHGATE, VT

**CHEF'S CHOICE CHEESE**

ASK ABOUT OUR ROTATING SELECTION

**JUNIPER SLAMI**

VERMONT SALAMI - BARRE, VT

**PROSCIUTTO**

JANSAL VALLEY - NEW BEDFORD, MA

**CHEF'S CHOICE CHARCUTERIE**

ASK ABOUT OUR ROTATING SELECTION

**\$7 PER SELECTION**

**SERVED WITH CHEF ACCOMPANIMENTS**

## SANDWICHES

**TAVERN BURGER** 17

KLINGER'S CHALLAH BUN, TAVERN SAUCE, BLACK RIVER CO-OP BEEF, CABOT CHEDDAR & LTO

**BOURBON BURGER** 19

KLINGER'S CHALLAH BUN, ONION RING, MAPLE BOURBON, BLACK RIVER CO-OP BEEF, NORTH COUNTRY BACON, CABOT CHEDDAR & LT

**CHICKPEA BURGER (VEG)** 17

KLINGER'S CHALLAH BUN, CHICKPEA BURGER, AVOCADO LIME CREMA, PICKLED ONION, BOSTON BIBB, & TOMATO

**FALAFEL (V)** 15

GRILLED PITA, HOUSE MADE FALAFEL, PIQUILLO PEPPER HUMMUS, BABY KALE, ZA'ATAR HEIRLOOM TOMATOES

**KOREAN CHICKEN SANDWICH** 15

KLINGER'S CHALLAH BUN, GRILLED CHICKEN THIGH, SPICY CABBAGE, KOREAN BBQ

**SALMON BURGER** 19

KLINGER'S CHALLAH BUN, FAROE ISLAND SALMON, SOY GLAZE, RED CABBAGE SLAW, SRIRACHA AIOLI

SANDWICHES SERVED WITH FRIES OR SALAD

## LARGE PLATES

**FISH AND CHIPS** 26

SWITCHBACK BEER BATTERED COD, OLD BAY FRIES, HOUSE TARTAR SAUCE,

**SEARED SALMON** 26

CREAMY BALSAMIC FARRO, SPRING VEGETABLES, CRISPY PROSCIUTTO

**CHEF'S "MAC & CHEESE"** 21

ASK ABOUT OUR CREATION

**STEAK FRITES (GF)** 32

BEEF TENDERLOIN FILET, TRUFFLE FRIES, BLACK GARLIC BUTTER, CHEF'S VEGETABLE

**FARRO "RISOTTO" (V)** 23

TOASTED FARRO, CHEF'S VEGETABLES, PISTACHIO, CURRIED CHICKPEAS, PRESERVED LEMON

**PERI PERI CHICKEN** 26

CHICKPEA FRIES, ROASTED VEGETABLES, PERI PERI SAUCE

## ADD-ONS / SUBSTITUTES

SIDE TAVERN SALAD	\$ 5
SWEET POTATO FRIES	5
ONION RINGS	5
BACON	2
BLUE CHEESE	7
STEAK	15
SALMON	11
CHICKEN THIGH	7

## KIDS MENU

CHICKEN TENDERS	\$ 8
MAC & CHEESE	8
KIDS CHEESE BURGER	9
KIDS CHEESE PIZZA	8

AVAILABLE FOR CHILDREN 12 AND UNDER.  
SERVED WITH FRESH FRUIT, AND CHOICE  
OF MILK, OR JUICE.

\*CONSUMING RAW OR UNDER COOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

PLEASE INFORM YOUR SERVER OF ALLERGIES/DIETARY NEEDS.  
A 20% GRATUITY MAY BE ADDED TO PARTIES OF SIX (6) OR MORE

# The Tavern

AT THE ESSEX RESORT & SPA

## SIGNATURE COCKTAILS

ESSEX RUM SPECIAL	\$ 12
FLIRTINI	15
MULE	12
CIDERITA	12
BEES KNEES	13
POMEGRANATE PEAR MARTINI	14
GINGER LEMON MARTINI	15
PEANUT BUTTER OLD FASHIONED	13
MAPLE MANHATTAN	14

## BEER

<b>16 OZ CAN</b>	\$ 8
SIP OF SUNSHINE	
HEADY TOPPER	
FOCAL BANGER	
14TH STAR - FOLLOW ME	
CITIZEN CIDER - DIRTY MAYOR	
FOLEY BROTHERS - PROSPECT	
CITIZEN CIDER - UNIFIED PRESS	
14TH STAR - VALOR	
LAWSON'S - LITTLE SIP	
ZERO GRAVITY - ADVENTURE PANTS	

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## WINE

	\$ GL BTL
HOOK & LADDER CHARDONNAY	12 42
METZ ROAD CHARDONNAY	15 52
HERMANN J. WEIMER FIELD	12 42
PRENDO PINOT GRIGIO	10 36
CROSSINGS SAUVIGNON BLANC	11 39
WHITE HAVEN SAUVIGNON BLANC	14 49
JOSH CHARDONNAY	9 32
CHARLES AND CHARLES ROSE	10 35
WHISPERING ANGEL ROSE	10 35
KENWOOD CABERNET SAUVIGNON	14 49
CATENA "VISTA FLORES" MALBEC	13 46
CAMPO VIEJO RIOJA RESERVA	13 46
NEILSON PINOT NOIR	15 52
PIEROPAN SOAVE CLASSICO	11 39
ALLEGRI VALPOLICELLA CLASSICO	12 39
JOSH CABERNET SAUVIGNON	10 35
AVIARY CABERNET SAUVIGNON	14 49
ANGELO NEGRO LANGHE NEBBIOLO	14 49
SKYFALL VINEYARD MERLOT	12 45
RIONDO PROSECCO	10  *
CAPARZO SANGIOVESE	10 36

## **12 OZ CAN**

LONG TRAIL - GREEN BLAZE	6
SAM ADAMS - BOSTON LAGER	
ZERO GRAVITY -	
CONEHEAD OR GREEN STATE	
VON TRAPP - HELLES	
CITIZEN CIDER - UNIFIED PRESS	

## **BOTTLED**

MICHELOB ULTRA	5
CORONA	
BUD LIGHT	
STELLA	
HEINEKEN	
COORS LIGHT	
CLAUSTHALER	
OMISSION (GF)	
LABATT BLUE	
MILLER LITE	
BUDWEISER	
HARPOON (FLANNEL FRIDAY)	